



Publications



Voice for Choice: Listening to the Needs of Young People with Mental Health and Severe Learning Disabilities

Price: £15.00 + £2.50 P&P

Pages: 37 (A4) + CD

by Victoria Hobday

Up to 40% of all children and young people with learning disabilities experience mental health difficulties and rely on the support of professionals and parents to access a range of therapeutic interventions. However, the need to enable children and young people to make choices with regard to their care and support is crucial to their self-esteem.

The Sunfield Voice for Choice project (funded by BBC Children In Need) explored ways in which young people with learning disabilities and mental health problems could be supported and facilitated to make informed choices about their types of treatment and therapeutic interventions. The resulting pack includes materials that were designed and trialled with young people to enable them to participate and have choice over decisions about the support they receive for mental health difficulties and their daily care.

The Voice for Choice toolkit consists of:

- CD-Rom of resource templates, which can be individualised using Widgit Software
- Guidelines on the use of resources
- Examples of how resources can be personalised.

As an organisation, Sunfield continually strives to improve the lives of young people with learning disabilities. The findings and resources from this project have the potential to offer these children and young people a means of being involved in more choices, and for their voices to be heard.

This toolkit is suitable for use with Widgit software. Details on purchasing Widgit Software can be found on their website at www.widgit.com.

If you would like to purchase this toolkit please complete the form overleaf and return it to the Publications Officer, at the address shown.





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